

FLEXIBILITY TRAINER

OP-FS

Parts Manual

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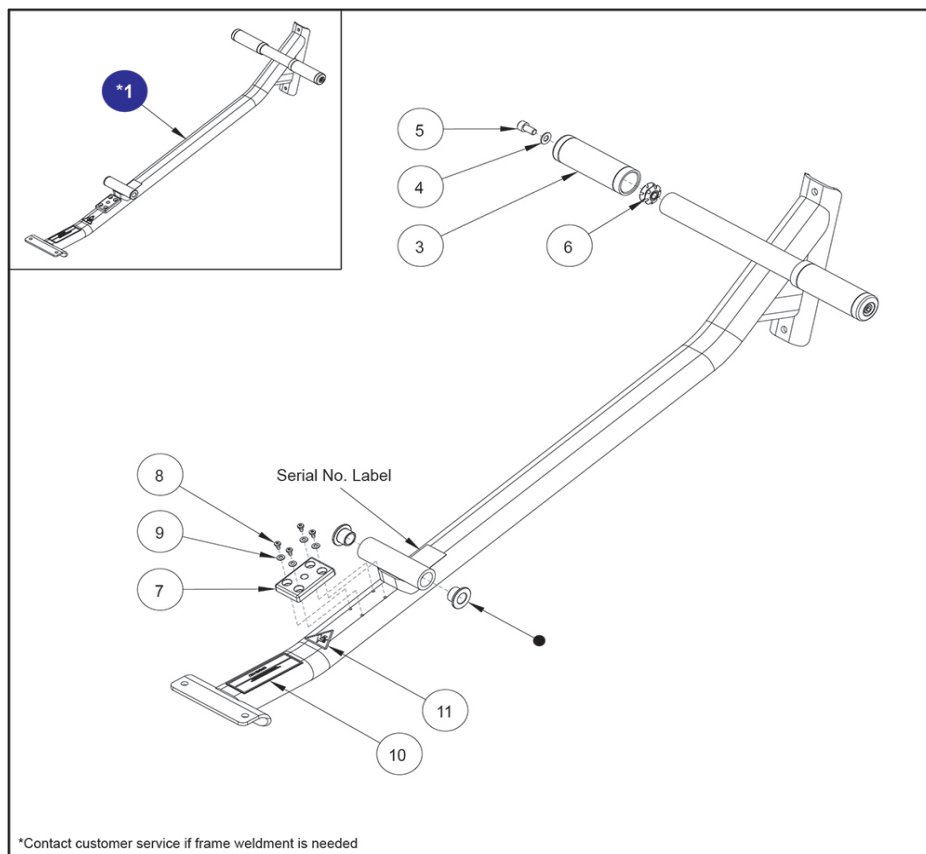


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** Upholstery & Frame Colors are listed at the end of the Parts Manual **

OP-FS Base Frame Assembly

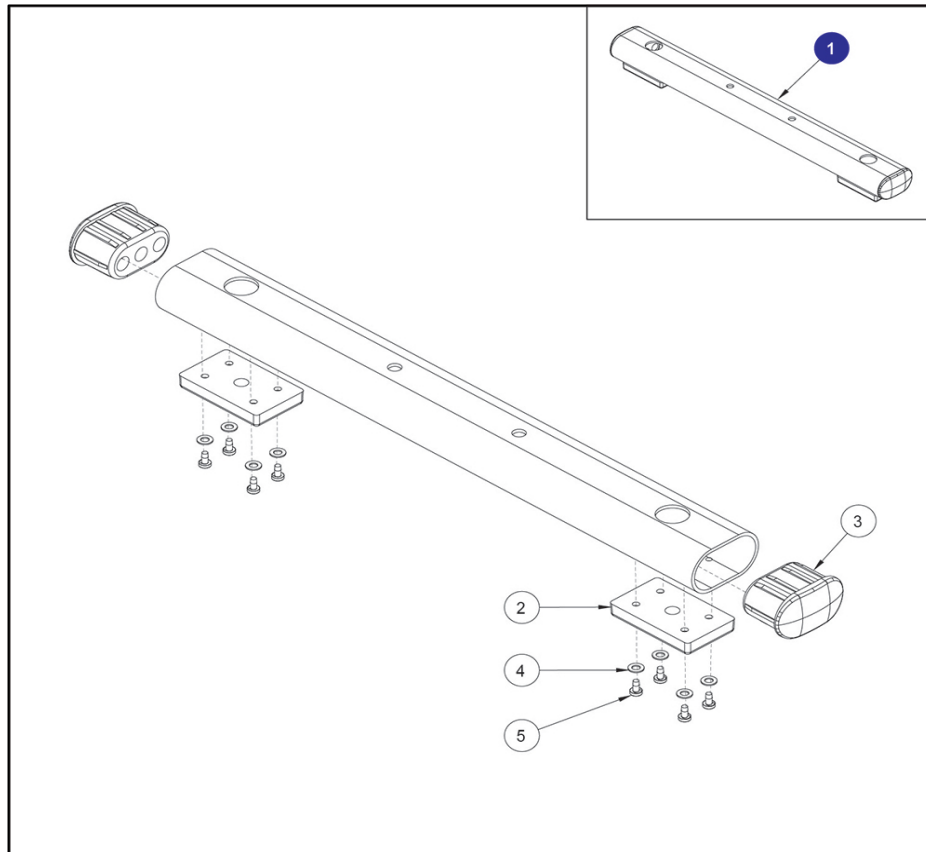


*Contact customer service if frame weldment is needed

Ref #	Part Number	Qty	Description
1	1012201-0099	1	ASSY: OP-FS; BASE FRAME, Custom
3	7800102	2	GRIP, 1.50 ID FOOT
4	3102514	2	WASHER, FLAT 3/8 IN SAE ST ZN
5	3251701	2	M10 X 1.5 20 HXS SOC CS ST ZN
6	7347301	2	NUT, SPIDER M10 X 1.5
7	7810811	1	PAD, RUBBER FOOT -CHR
8	3270601	4	SCREW, #10-32 X 3/8 TRX PAN ST BZ
9	3264101	4	WASHER, M6
10	8137701	1	LABEL, ASTM, OLY HORZ-SHEET
11	8039501	1	LABEL, WARNING TRIANGLE

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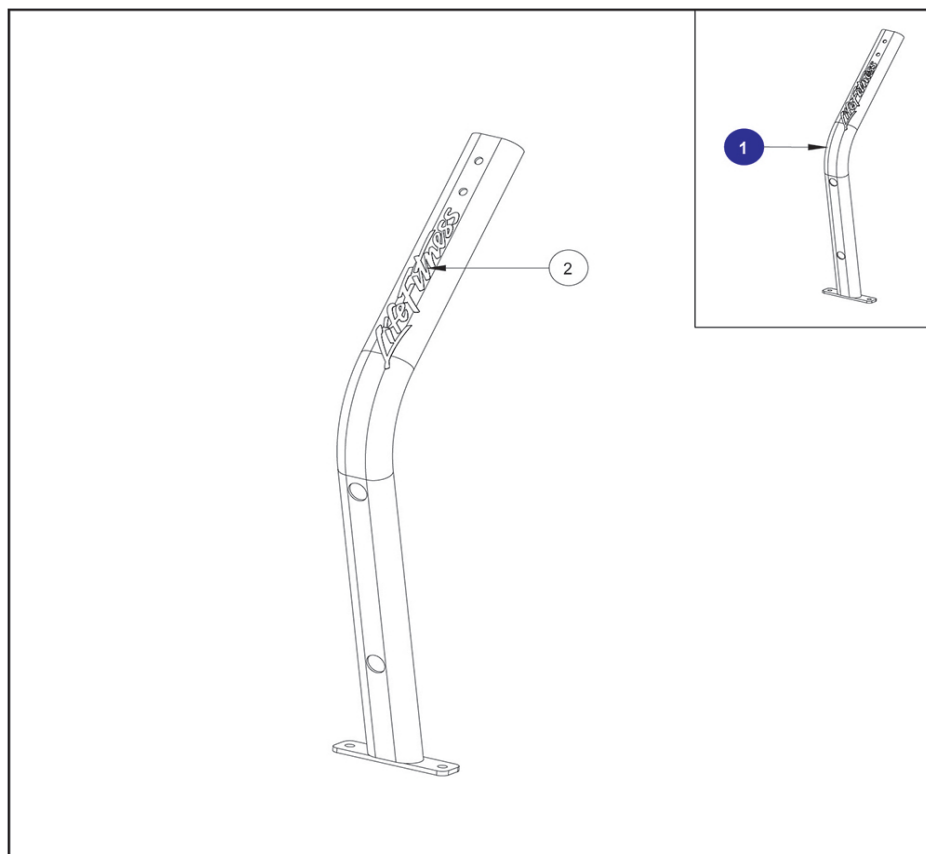
OP-FS Front Support Assembly



Ref #	Part Number	Qty	Description
1	1010507-0099	1	ASSY: OP-FS; FRONT SUPPORT, Custom
2	7810811	2	PAD, RUBBER FOOT -CHR
3	7800502	2	CAP, SML FLOV END -CHR
4	3264101	8	WASHER, M6
5	3270601	8	SCREW, #10-32 X 3/8 TRX PAN ST BZ

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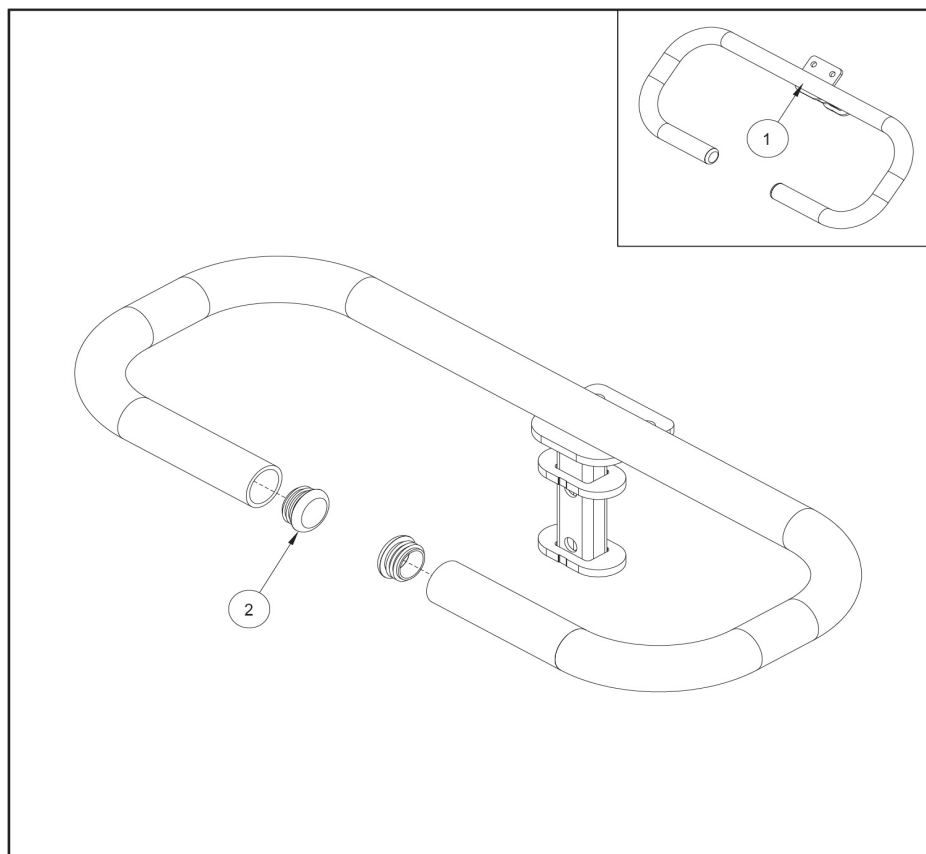
OP-FS Front Upright



Ref #	Part Number	Qty	Description
1	1011677-0099	1	ASSY: OP-FS; FRONT UPRIGHT, Custom
2	7865201	1	LABEL, LIFE FITNESS LOGO, 10-0099-062, BNR

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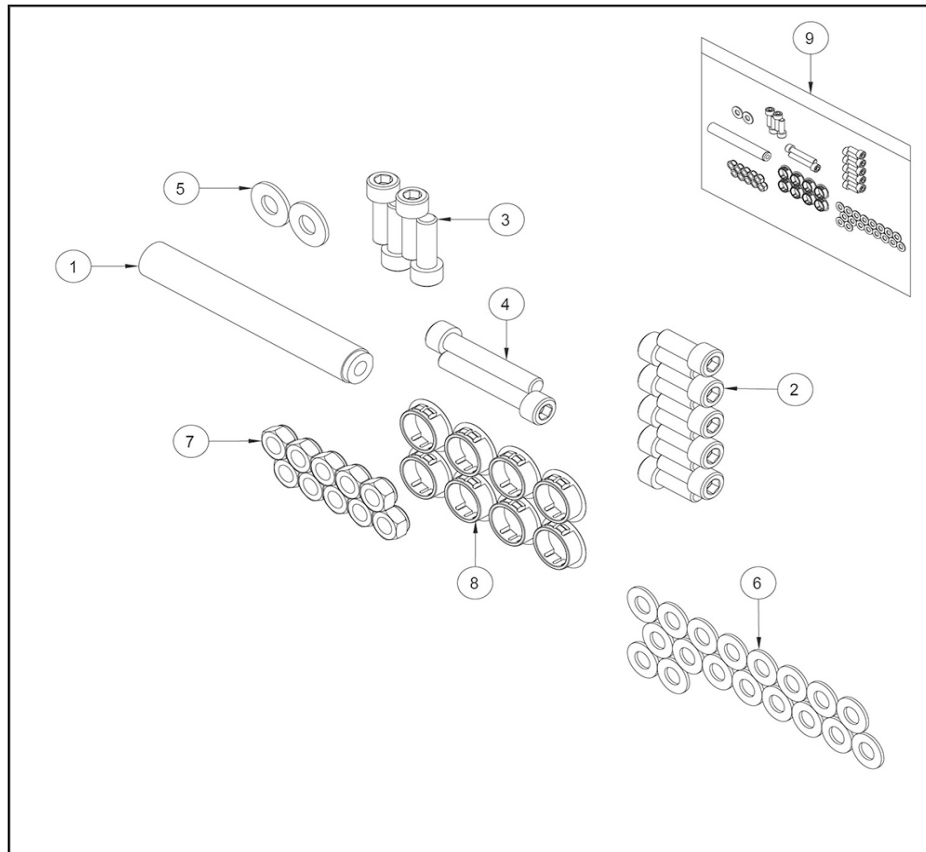
OP-FS Handle Assembly



Ref #	Part Number	Qty	Description
1	1011139-0028	1	ASSY: OP-FS; HANDLE -CHG
2	3119303	2	CAP, END 1-1/4 RD 10-14GA

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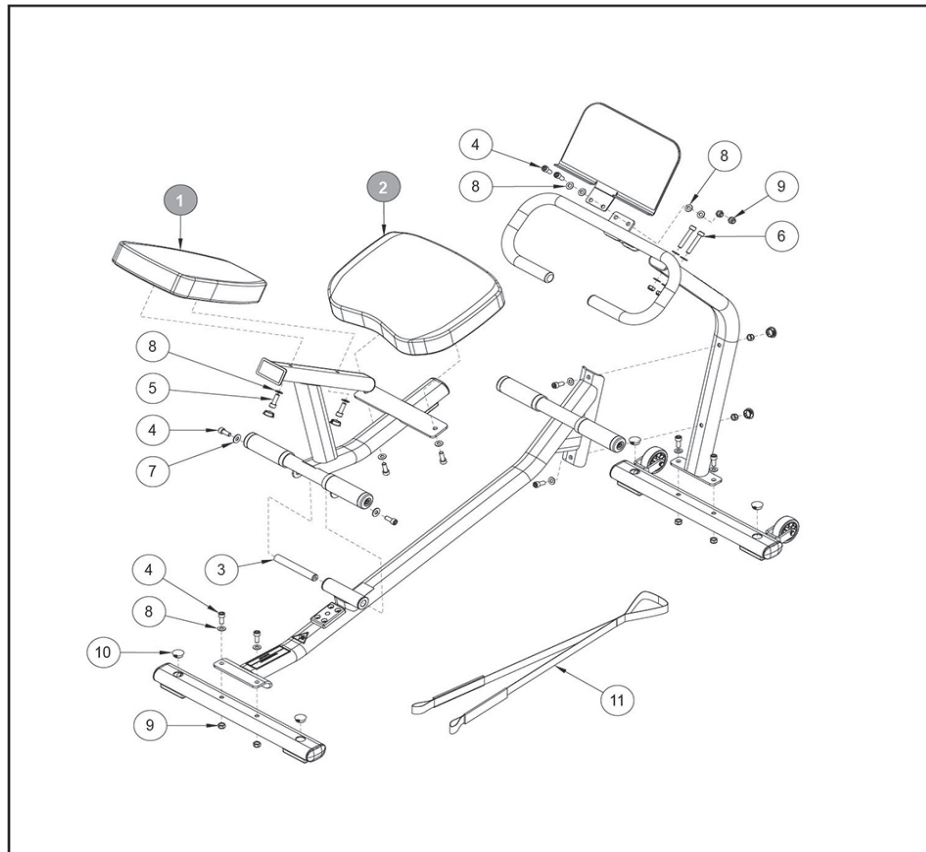
OP-FS Hardware Pack



Ref #	Part Number	Qty	Description
1	1012178-0001	1	SHAFT: 19mm, PIVOT
2	LEA3251702	10	SCREW; M10 X1.5 25MM
3	3251703	4	M10 X 1.5 30 HXS SOC CS ST ZN
4	3251709	2	M10 X 1.5 X 60 HXS SOC CS ST ZN
5	3102501	2	WASHER, FLAT 3/8 ID ZN
6	3102514	18	WASHER, FLAT 3/8 IN SAE ST ZN
7	3242002	10	NUT, M10 X 1.5 HEX NYLOCK
8	3237407	8	PLUG, 1 IN HOLE
9	OP-FS-HDWR	1	ASSY: OP-FS; HARDWARE BAG

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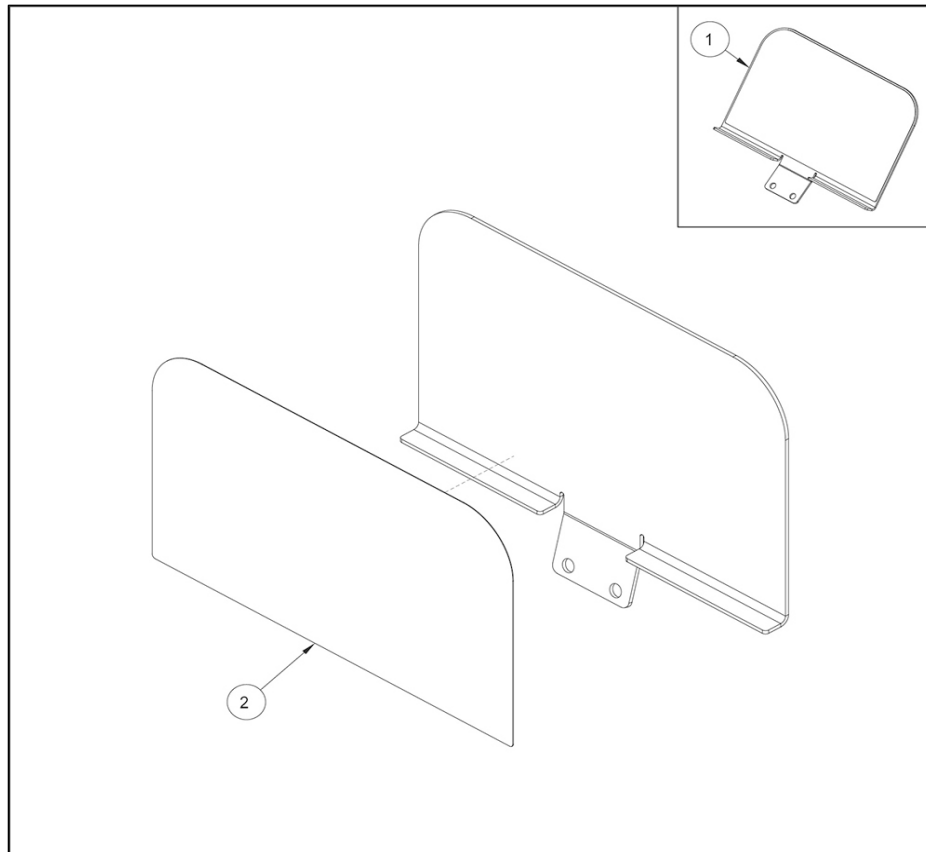
OP-FS Main Assembly



Ref #	Part Number	Qty	Description
1	1014030-0099	1	PAD: TAPERED SEAT, FLAT -SINGLE STITCH Custom
1	1014030-0199	1	PAD: TAPERED SEAT, FLAT -DOUBLE STITCH Custom
2	1016029-0199	1	PAD: LARGE CHAIR, FLAT -DOUBLE STITCH Custom
2	1016029-0099	1	PAD: LARGE CHAIR, FLAT -SINGLE STITCH Custom
3	1012178-0001	1	SHAFT: 19mm, PIVOT
4	LEA3251702	10	SCREW; M10 X1.5 25MM
5	3251703	4	M10 X 1.5 30 HXS SOC CS ST ZN
6	3251709	2	M10 X 1.5 X 60 HXS SOC CS ST ZN
7	3102501	2	WASHER, FLAT 3/8 ID ZN
8	3102514	18	WASHER, FLAT 3/8 IN SAE ST ZN
9	3242002	10	NUT, M10 X 1.5 HEX NYLOCK
10	3237407	8	PLUG, 1 IN HOLE
11	1012644-0001	1	STRAP: OP-FS

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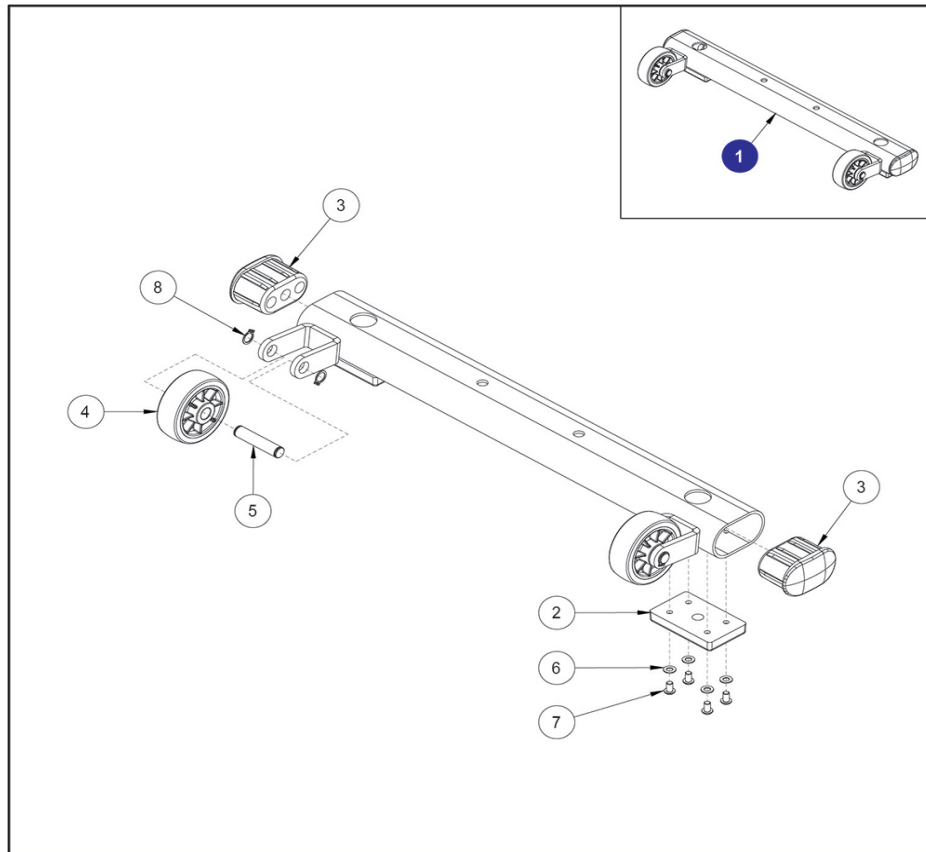
OP-FS Placard Assembly



Ref #	Part Number	Qty	Description
1	1011678-0028	1	ASSY: OP-FS; PLACARD
2	1012643-0001	1	PLACARD: OP-FS

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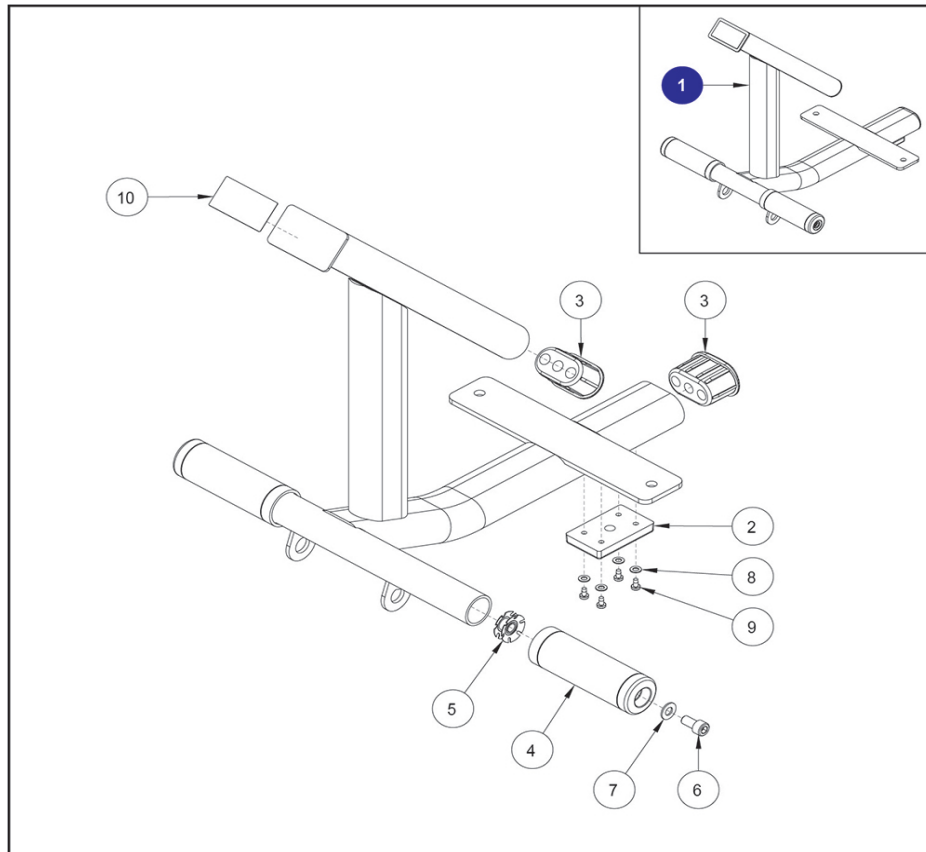
OP-FS Rear Support Assembly



Ref #	Part Number	Qty	Description
1	1011130-0099	1	ASSY: OP-FS; REAR SUPPORT, Custom
2	7810811	2	PAD, RUBBER FOOT -CHR
3	7800502	2	CAP, SML FLOV END -CHR
4	OK59-01164-0000	2	WHEEL: 3.0 OD X .50 ID OVERMOLD
5	8254001	2	AXLE, TCWHL
6	3264101	8	WASHER, M6
7	3252802	8	M6-1.0 X 10 HXS BUT CS ST ZN
8	3243902	4	RING, BRE M12, ST, PP, TC

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OP-FS Seat Frame Assembly



Ref #	Part Number	Qty	Description
1	1011128-0099	1	ASSY: OP-FS; SEAT FRAME, Custom
2	7810811	1	PAD, RUBBER FOOT -CHR
3	7800502	2	CAP, SML FLOV END -CHR
4	7800102	2	GRIP, 1.50 ID FOOT
5	7347301	2	NUT, SPIDER M10 X 1.5
6	3251701	2	M10 X 1.5 20 HXS SOC CS ST ZN
7	3102514	2	WASHER, FLAT 3/8 IN SAE ST ZN
8	3264101	4	WASHER, M6
9	3270601	4	SCREW, #10-32 X 3/8 TRX PAN ST BZ
10	1011686-0001	1	LABEL: DO NOT SIT; OP-FS

** Upholstery and Frame Colors are list at the end of the Parts Manual **

Frame and Upholstery Color Chart

FRAME COLOR OPTION

SELECT POWDERCOAT COLOR

- ☐ BLACK
- ☐ BLUE
- ☐ CANDY APPLE RED
- ☐ CHARCOAL
- ☐ DIAMOND WHITE CLEAR
- ☐ ELECTRIC BLUE
- ☐ ICE BLUE METALLIC CLEAR
- ☐ MIDNIGHT METALLIC CLEAR
- ☐ MOCHA SAND
- ☐ PLATINUM CLEAR
- ☐ RED
- ☐ TITANIUM CLEAR
- ☐ WHITE
- ☐ YELLOW

UPHOLSTERY COLOR OPTION

SELECT UPHOLSTERY COLOR

- ☐ AMERICAN BEAUTY RED
- ☐ AZURE
- ☐ BLACK
- ☐ BLACK CARBON FIBER
- ☐ BURGUNDY
- ☐ CANDY APPLE RED
- ☐ CHESTNUT
- ☐ CONCORD
- ☐ CRANBERRY
- ☐ DARK WALNUT
- ☐ DOVE GRAY
- ☐ EMERALD
- ☐ GRAPHITE
- ☐ GROTTO
- ☐ HUNTER GREEN
- ☐ IMPERIAL BLUE
- ☐ NAVY
- ☐ REGIMENTAL BLUE
- ☐ ROYAL BLUE
- ☐ SLATE
- ☐ SUEDE
- ☐ TERRA COTTA
- ☐ WHEAT

UPHOLSTERY



Items with Gray call-outs require the upholstery color within the order notes.

FRAME COLOR



Items with Blue call-outs require the powder coat frame color to be within the order notes.

